

WHILE-TASK: DESCRIPTION OF FOOD

Linguistic focus	Vocabulary (mental lexicon) Speaking
Thematic focus	Food, description
Language level/target group	A2

Teacher instructions

In the book, there is a passage that reads „**Do you notice different textures and flavours when you chew your food slowly?**” (page 9); this question is the focus of the learning chunk on tasting.

In the beginning, the students are asked to name food that can be described according to the adjectives given in the book, i.e., hot, salty, sweet, and sour. Their ideas are collected on a worksheet in the form of a mind map (see Happy 10.1). This mind map can be filled with other categories as well, e.g., crunchy food. The students then form pairs and are asked for their opinions on the food collected in their mind maps. Afterwards, one of the two students has to describe a certain food and the other has to guess the food. In addition, the students are given an extra vocabulary list with adjectives relating to food.

The second part of the task includes writing a food diary. The students receive a worksheet (Happy 10.3) in which they note down the food they ate in a week. Moreover, they add what the food tasted like using the adjectives from the worksheet (Happy 10.1, possibly further supported by the vocabulary list).

Possible continuation

You might ask your students to bring a certain type of food to class which they then try and describe. In this case, potential allergies and hygienic regulations must be considered beforehand.

Additional material to be used

- Mind map with a structure on giving one's opinion [Happy 10.1]
- Scaffolding: list of adjectives [Happy 10.2]
- Food diary template [Happy 10.3]

MIND MAP: FOOD

Task 1

Create a mind map on hot, salty, sweet, and sour food. You can also add one category of your own.



Task 2

Talk with your partner about your opinion: Which food is the best / worst?

Stating your opinion

I like to eat ... because it is ...

... is very ...

My favourite food is ...

Potato chips taste ...

I often eat ... because I like ...

I prefer ... because it is ...

I don't agree, I think ...

Example

I like to eat apples because they are sour.

Chicken soup is very greasy.

My favourite food is spaghetti, it is yummy.

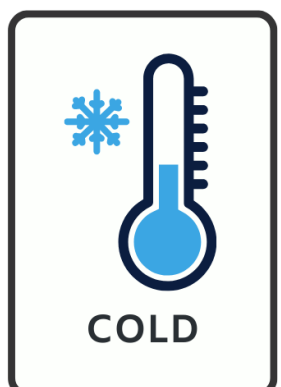
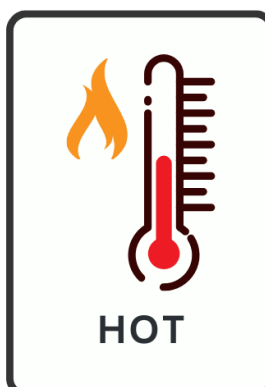
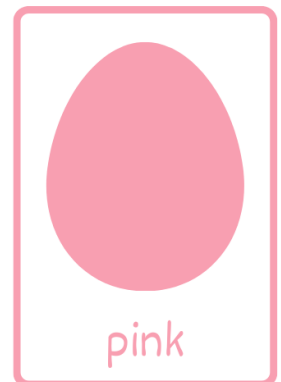
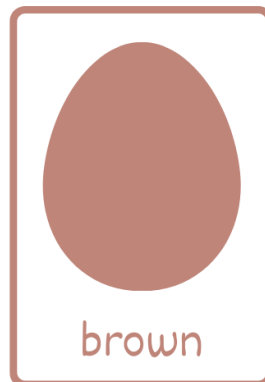
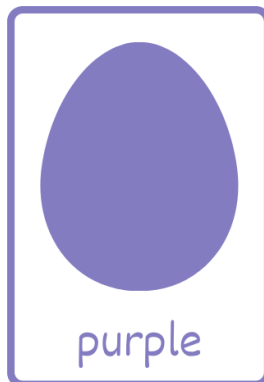
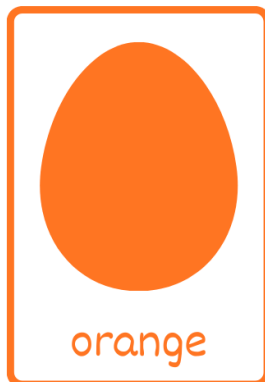
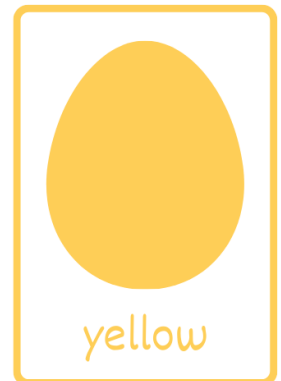
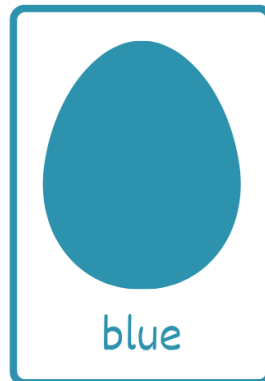
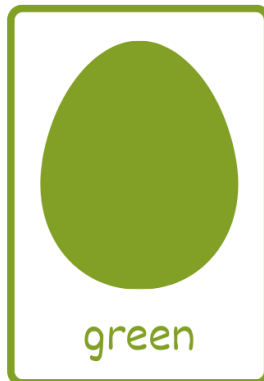
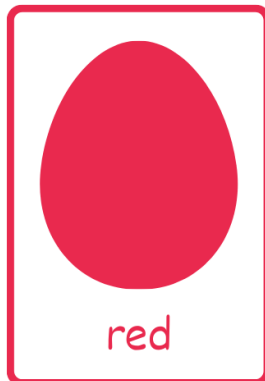
Potato chips taste salty.

I often eat pizza because I like the cheese.

I prefer cake because it is sweet.

I don't agree, I think bread is better.

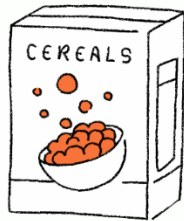
ADJECTIVES FOR DESCRIBING FOOD (BASIC)



ADJECTIVES FOR DESCRIBING FOOD (ADVANCED)



GREASY



CRUNCHY



FROZEN



GRILLED

MILD

CREAMY

CHEWY

FRIED

DELICIOUS

TASTY

YUMMY

YUCKY

FRESH

FLAVOURFUL

DISGUSTING

TEMPLATE FOR FOOD DIARY

[The full-size template can be found as a PDF in the appendix.]

Food Journal

Week:

Breakfast Lunch Dinner Snacks Rate your day ○○○○○	Breakfast Lunch Dinner Snacks Rate your day ○○○○○
Breakfast Lunch Dinner Snacks Rate your day ○○○○○	Breakfast Lunch Dinner Snacks Rate your day ○○○○○
Breakfast Lunch Dinner Snacks Rate your day ○○○○○	Breakfast Lunch Dinner Snacks Rate your day ○○○○○
Breakfast Lunch Dinner Snacks Rate your day ○○○○○	Notes: